

Syllabus for P.G. CET-2018

Post Graduate Diploma in Psychological Counseling

1. PSYCHOLOGICAL DISORDER

- a. What Do We Mean by Abnormal Behavior?
- b. Stress and Adjustment Disorders
- c. Disorders of Childhood and Adolescence
- d. Disorders of Childhood
- e. Panic, Anxiety, and Their Disorders
- f. Somatoform and Dissociative Disorders
- g. Personality Disorders
- h. Sexual Variants, Abuse, and Dysfunctions

2. PSYCHOTHERAPY

- a. Introduction To Psychotherapies
- b. Behavior Therapy
- c. Cognitive Therapy
- d. Humanistic And Existential Therapies
- e. Eastern Therapies
- f. Rational Emotive Behaviour Therapy

3. PSYCHOMETRIC TESTING

- a. MMPI, 16PF, EPQ, MCMI
- b. Projective techniques; Rorschach, TAT, CAT

Books Recommended

- Anastasi, A., Urbina, S. (2004). *Psychological Testing* (7th Ed.). India: Pearson Education Pvt. Ltd. (Indian Branch)
- Carson, R.C., Butcher, J.N., Mineka, S., & Hooley, J.M. (2007). *Abnormal Psychology*, 13th Edn. Pearson Education, India.
- Davison, G.C. Neal, J.M. & Kring, A.M. (2004). *Abnormal psychology*. (9th ed.). New York: Wiley.
- Groth-Marnat, G. (2003). *Handbook Of Psychological Assessment* (4th ed.). New Jersey: John Wiley & Sons